

*EVELYN PALMER*

VERSES BY A FEMALE  
ROBINSON CRUSOE



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No. 4

*SCHILDPADREEKS · DERDE TIENTAL*

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DEDICATION TO K—

*To you, sweet friend, my thoughts forever straying  
From my Pacific-bounded home of ease  
Must yet for very distance turn like bees  
Too far on light and fragile wings a-straying.*

*So homing then against the surf-wet breeze,  
No honey gathered, but the sea-salt staying  
Upon my weary messengers, gainsaying  
My hope of help from the antipodes.*

*The useless exercise of thinking done,  
I lay reclined in empty-minded leisure  
When my hid soul to extasy was won  
To feel the rising tide of unknown pleasure:*

*The soundless echo in my heart of one  
Most distant throb that kept my private measure.*

## VERSE EPISTLE

*In what way can one thank for poems, but  
by writing poems? Though a clumsy fellow  
like I am, Eve, may think and yawn and bellow,  
and still his verse is of uncertain cut.*

*I see you walking in the magic mellow  
light of the moon, chewing a coco-nut,  
through palms and prickly shrubs to your lone hut,  
I see your beach, surf-beaten, gleaming yellow.*

*The Southern Cross be now my lodestar, dear,  
my love is better than this shaky rhyme;  
I'll leave my country and my gods, to steer  
a downright course to you, till I can hear  
your voice, that's calling me over the grey  
and tossing waters. Here I come. Your K.*

*Confused in Time, and that nice point of Space  
Where lies my home and livelihood, unknown,  
Yet is my course predictable: for thrown  
On this lost island far from all my race  
I can but cherish what is most mine own.  
My world reflects upon its brightened face  
The haloed rays from that most inward grace  
Which in true hearts from Venus' breath is blown.  
No sweeter do the pigeons call, than oft  
The voice I love hath fallen on my ear;  
The sea's continued murmur is as soft,  
And to my drowsy mind one thought is clear:  
— The very palm-trees pattern it aloft —  
That there is no one in the world more near.*

*To wake in this same circling ring  
Of coral-banks where sea-spray blows;  
Beyond, as far as eyesight goes,  
The moving wave encompassing  
This sordid rock that Neptune chose  
To be my prison. Menacing  
His guard surrounds me. Can I bring  
Sufficient sacrifice for those?*

*Ah, rulerless the ancient sea  
And unimplorable now moves  
Without the touch of mastery  
By potent gods, and it behooves  
Unaided mortal misery  
To wait in silence what Time proves.*

*Within this firm and subtly rounded shell  
The immaterial brush of light has laid  
Each single tint that rainbow'd beauty made  
When first to earth the rays of sunlight fell;*

*Since that primeval touch, in light and shade,  
Earth has been ruled by this unvaried spell  
And will be so in all her buds to swell  
Till cools the sun and our moist texture fade.*

*The layered pearl shows on its surface all  
We can conceive as fair, but yet we know  
The range of light is wider in its fall*

*Than nature's and our eyes' response. Just so  
Are all those shades of feeling which love's call  
Roused in our breast inadequate for show.*

*If beauty still be perfect in itself  
Then now it is not less, though seen alone  
And unaccompanied by former wealth  
Of that familiar hand slipped in my own.*

*We find, if beauty is the lover's gift,  
A new interpretation, erst unknown:  
The soothing quality of sweet uplift  
In contemplation, is communion's loan.*

*To be received but by a wider self  
Which can interpret, and condone  
Even Time's destruction and his stealth.*

*A heart without this charitable shift  
In all perception is too prone  
To see Earth's outward fair cracked by Death's rift.*

*We slept beside the moonlit sea,  
Its hollow moaning in our ears,  
And with involuntary tears  
Awoke to find an argosy*

*Riding at anchor on the lea.  
The fervent hopes of bygone years  
Now realised, seemed more like fears;  
We stood and waited silently.*

*And then we saw the lively fleet  
Hoist coloured sail, and work to heave  
The anchor up with rythmic beat.*

*Then, as the ships prepared to leave,  
The sun burst through the cloudy sheet  
And h i s hand faded from my sleeve.*

*The tender tides of morning, far away,  
Have overspread the pale autumnal sky  
With varied gentle colour, melting high  
To wide clear fields of cloud-hemmed blue and grey.*

*Soft mist among the beeches seems to lie  
And gather in what brighter light of day  
Would fall there, in a pallid gloom to stay  
Beneath the red and yellow leaves that sigh*

*Awaiting dissolution that will turn  
The ripe and mellow colouring they show  
To dull brown rustling in de fern.*

*Now through damp fields a quick tall form will go  
And watch alone the smoky bon-fires burn,  
And speak my name most secretly and low.*

*Uncertain flame, that flickers in the blast  
Of passing time, called by too great a name!  
No deathless passion in this mortal frame  
Was by design or chance's tossing cast.*

*The passive earth is by great Sol aflame  
With lambent heat, from spring to fall, at last  
To silent winter led, and in the past  
The story of my heart is all the same.*

*As lights the sky in secret ere the morn  
Affection spread beneath Platonic leaves,  
Till in one night the magic-ripened corn*

*Was cut, the harvest garnered into sheaves.  
So easily hidden lay love ere born,  
So with the day dissolves the web he weaves.*

*These ashes are yet warm and almost glow;  
Can fanning breath rekindle their lost flame?  
And all intent, as captive to a game,  
I kneel before them and most gently blow.*

*'Tis strange for this charred wood to be the same  
That yesterday in fire's resplendent show  
Gave forth a living substance and did grow  
Transcendent — now remains the dead black frame.*

*'Twill not revive. The last hid sparks are gone;  
And if I rise and go upon my way  
I leave but death behind me; there is none*

*To wonder by what hearth my riches lay.  
Autumn consumed my all. Why linger on  
To wait aslant for Winter's deadly day?*

*Ulysses wrecked and on an island cast  
Had better fortune than I here have found;  
However great the footsteps on the ground,  
They indicated man or Cyclops passed;*

*And lonely with a goddess, love's sweet sound  
Was murmured in his ear, until at last  
Though still in show unwilling, he held fast  
In smooth and scented arms at night lay bound.*

*Such lot were mine, had but the sylvan God  
Who once inhabited this mountain-land  
Leaping on two, or four, bright hooves, unshod*

*Come from his cavern to the still white sand  
And gathered me as careless past I trod  
With one swift grip of that relentless hand.*

*Unspoilt creation, green about the rim  
Of this quiescent, time-untouchèd peak,  
For ages has continued here. I seek  
By unskilled labour, foolishly to trim  
A garden in the forest. I am weak  
Against the rising columnarly slim  
And pliant palms, that far outsoar the dim  
Deep interleavèd roof — a true antique  
Of ancient lustre. But I've scratched it here  
— the itch of instinct stirring in my hand,  
I have set on old nature's calm veneer  
Though transient, like a pattern made in sand  
By one rare wind, which others soon blow clear,  
The mark of man in either hemisphere.*

### THE CIRCULAR COURSE

*The unforeseen full moon, in fear  
Stays cloudily hidden, imbued  
With shyness of the many-hued  
And iridescent sea; too clear  
A mirror for the bright and crude.  
The hurried order of the year,  
Ever an echo clanging near  
The labyrinth of solitude,  
Confuses by too quick a tread  
The outward passage of the mind  
And by perverted instinct led  
I still in anguish seek to find  
That which I thought, when first I fled,  
Forever to have left behind.*

*Reduced to pure essentials, to live  
Uncrowded on an island, never know  
The uniform disheartening and slow  
Coagulation, the sedative  
Administered by Mars, that none may sow  
Sedition against his rule, or give  
A sudden turn to his bold narrative  
Enlivened as before with blood's bright flow;  
Escapèd from that stultifying press  
To lie abroad in never-ending calm  
Is to hold Fortune by that foremost tress  
Which but once miss'd no more invites the palm.  
Such lot is mine; nor could another guess  
My soul's delight, secure from worldly harm.*

*By Nature favoured, though by Man forgot,  
I am secure from ev'ry Enmity.  
Blue indolence, the wet immensity  
Has spread a languid arm about me, shot  
With dancing fire, reflected sky to sea.  
Whether I labour, or lazily plot  
New thoughts, Earth's gentle care forsakes me not;  
Soft cooings overhead accompany  
My unprescribèd steps, voiced interest  
Now focussed on me by my universe:  
For here at last in very truth I rest  
Clasped to a tender and infinite nurse,  
Feeding at leisure upon that very breast  
That Faustus cried for in his bitter curse.*

*These verses by Evelyn Palmer, with an introductory poem by K., and illustrated by Adine van Houten, were set in Bodoni type and printed in the spring of 1944 in an edition exclusively intended for friends and relations of the author, illustrator and publisher.*

*Evelyn*



the 1990s, the number of people in the UK who are aged 65 and over has increased from 10.5 million to 13.5 million (1990-2000) (ONS 2001).

There is a growing awareness of the need to address the health care needs of the ageing population. The Department of Health (2000) has set out a strategy for the care of the elderly, and the Health Service Research Department (2000) has set out a research agenda for the care of the elderly.

The aim of this paper is to review the current state of research on the care of the elderly, and to identify areas for further research. The paper is structured as follows: a brief overview of the current state of research on the care of the elderly, a review of the current state of research on the care of the elderly, and a discussion of the implications of the findings for research on the care of the elderly.

## Overview

The current state of research on the care of the elderly is characterized by a number of key issues. The first is the need to address the health care needs of the ageing population. The second is the need to address the social care needs of the ageing population. The third is the need to address the mental health needs of the ageing population.

The first key issue is the need to address the health care needs of the ageing population. The ageing population is a growing proportion of the population, and it is important to ensure that they have access to the health care services that they need. This includes both primary care and secondary care services.

The second key issue is the need to address the social care needs of the ageing population. The ageing population is a growing proportion of the population, and it is important to ensure that they have access to the social care services that they need. This includes both residential care and community care services.

The third key issue is the need to address the mental health needs of the ageing population. The ageing population is a growing proportion of the population, and it is important to ensure that they have access to the mental health services that they need. This includes both primary care and secondary care services.

## Research agenda

The Health Service Research Department (2000) has set out a research agenda for the care of the elderly. The agenda is organized into four main areas: health care, social care, mental health, and research methods.

The first area is health care. The research agenda in this area includes: the need to address the health care needs of the ageing population, the need to address the health care needs of the ageing population, and the need to address the health care needs of the ageing population.

The second area is social care. The research agenda in this area includes: the need to address the social care needs of the ageing population, the need to address the social care needs of the ageing population, and the need to address the social care needs of the ageing population.

The third area is mental health. The research agenda in this area includes: the need to address the mental health needs of the ageing population, the need to address the mental health needs of the ageing population, and the need to address the mental health needs of the ageing population.

The fourth area is research methods. The research agenda in this area includes: the need to address the research methods needs of the ageing population, the need to address the research methods needs of the ageing population, and the need to address the research methods needs of the ageing population.

## Conclusion

The current state of research on the care of the elderly is characterized by a number of key issues. The first is the need to address the health care needs of the ageing population. The second is the need to address the social care needs of the ageing population. The third is the need to address the mental health needs of the ageing population.

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